

Fall/Winter 2017

# Newspeace

A biannual communication from Hospice Cleveland County

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## Don't Wait to Talk!

It's an all too common situation. A family is at the bedside of a loved one who is seriously ill and nearing the end of life. Each member of the family has a different idea of what should be done and what the loved one would want.

Far too many people wait until they are in the midst of a health care crisis before thinking about what options are available or what care they or their loved ones would want.

Often, by waiting too long to learn about possible options, like hospice care, people end up spending difficult days in the hospital or the emergency room and opportunities to be with loved ones at home are lost.

When a family is coping with a serious illness and a cure is no longer possible, hospice provides the type of care most people say they want at the end of life: comfort and dignity. Considered to be the model for high-quality, compassionate care for people with a life-limiting illness, hospice care includes expert medical care, pain management, and emotional and spiritual support. Care is provided by an inter-disciplinary team of professionals and trained volunteers. The wishes of the patient and family are always at the center of care.

Most hospice care is provided in the home – where the majority of Americans have said they would want to be at this time. Care is also provided in nursing homes, assisted living facilities, and hospice houses.

Care is usually paid for by Medicare, Medicaid, and most private insurance plans.

The National Hospice and Palliative Care Organization reports that more than 1.5 million people received

care from our nation's hospices last year. Since 1985, Hospice Cleveland County has served over 12,300 patients and their family members.

Hospice Cleveland County can help with information about care options and choices and ensure you live as fully as possible throughout your entire life. They will make sure your loved ones receive support as well.

One of the best ways to make sure you and your loved ones benefit fully from hospice, should you ever need this care, is to talk about it before it becomes an issue.

Hospice Cleveland County serves patients in Cleveland, Gaston, and Lincoln counties. While most Hospice patients are served in their homes, Wendover Hospice House in Shelby and Testa Family Hospice House in Kings Mountain provide 24 rooms for patients unable to stay at home.

For more information, contact Patti Ellis McMurry, Vice President of Access at **704-487-4677** or visit us online at [www.hospicecares.cc](http://www.hospicecares.cc). You will also find information about the moments that hospice makes possible for patients and families at [www.MomentsOfLife.org](http://www.MomentsOfLife.org).

*By: National Hospice and Palliative Care Organization  
[www.NHPCO.org](http://www.NHPCO.org)*

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### Did You Know?

When hospice care in the United States was established in the 1970s, cancer patients made up the largest percentage of hospice admissions. Today, cancer diagnoses account for less than half of all hospice admissions (36.6%). Currently, less than 25% of all U.S. deaths are now caused by cancer, with the majority of deaths due to other terminal diseases.

(Source: NHPCO - National Hospice & Palliative Care Organization)

# Upcoming Events...

## Memory Bear & Pillow Workshop

Please call 704-487-4677 to reserve your space.  
Tuesday, October 17, 2017 &  
Tuesday, November 14, 2017  
9:00am - Noon or 4:00pm - 7:00pm  
Hospice Administration Building  
Testa Family Hospice House by request only!

## Hospice Volunteer Training Class

For more information, contact ext. 111.  
Monday, Oct. 23, Tuesday, Oct. 24 and  
Thursday, Oct. 26, 2017  
9:00am - Noon or 5:30pm - 8:30pm  
Hospice Administration Building

## Chicken Dinner Fundraiser!

(1/2 Chicken, Slaw, Pickles, Baked Beans, Rolls, Dessert)  
\$12 a plate - Drive-thru only!  
Chicken prepared by Doug Fortenberry.  
Tickets can be purchased at the Hospice

Administration Building, The Hospice Store, or online at [www.hospicecares.cc](http://www.hospicecares.cc).  
Friday, October 27, 2017  
4:00pm - 7:00pm  
American Red Cross Building  
1333 Fallston Road • Shelby, NC  
or Testa Family Hospice House  
321 Kings Mountain Blvd. • Kings Mtn., NC

## Educational Series:

### "Coping with the Holidays"

The Holidays can be a very difficult time for those who are grieving. HCC will offer helpful ways to deal with this year's holiday rush. Please RSVP to ext. 114 if you plan to attend.  
Tuesday, November 7, 2017  
11:30am - 1:30pm & 5:30pm - 7:30pm  
Hospice Administration Building

## Fall Memorial Service

Patients that have died March 1, 2017 through August 31, 2017 will be remem-

bered. Family members will receive a special invitation. Please RSVP to ext. 175 with your loved one's name.  
Sunday, November 12, 2017 @ 2:00pm  
Westview Baptist Church  
500 Melody Lane • Shelby, NC

## THE HOSPICE STORE

Cleveland County  peace.

1450 East Dixon Blvd., Shelby, NC

*Jewelry & Purses, Housewares, Furniture, Small Appliances, Books, Artwork, Electronics, Lamps, Rugs, Toys & Games, and more.*

Please call Angela Jones at 980-295-8578 if you have items to donate or for volunteer opportunities.  
Store Hours: Tuesday - Friday 10am - 6pm & Saturday 10am - 2pm

## *Wish List Items Needed*

If you would like to help us provide care to our patients and families, please consider donating any of these items from our wish list. Items can be dropped off at the Hospice Administration Building located at 951 Wendover Heights Drive during business hours. For more information, call 704-751-3591.

- Non slippery footie socks - male & female
- Short Sleeve Women's Nightgowns (prefer T-Shirt Material, Sizes: Med., Large, XL, XXL)
- Baby Monitors & Hypo Allergenic Baby Wipes
- 16 oz. Cups - Hot & Cold
- Cleaning Supplies: Pine-Sol, bleach, Comet, Ajax, Lysol spray, room deodorizers, dish detergent, laundry detergent
- Thick White Washcloths, Kitchen & Bath Towels
- Heavy Duty Styrofoam Plates
- Individual Beverages: canned sodas, fruit drinks, water
- Individual Wrapped Snack Items: cakes, cookies, chips, soups, cereals, fruits, puddings, candy bars, peanut butter, and apple sauce
- Paper Towels, Napkins, Kleenex
- Plastic Forks & Spoons

*We appreciate your support!*

## You Are Important To Us!

Has your contact info changed?  
Email us at [IncludeMe@hospicecares.cc](mailto:IncludeMe@hospicecares.cc).  
Would you like to be removed from our mailing list? If so, email us at [RemoveMe@hospicecares.cc](mailto:RemoveMe@hospicecares.cc) or contact our office at 704-487-4677 with your request.

## Volunteer Needs:

Individuals, groups, musicians to provide music and friendly visits.

Please call 704-751-3547 to schedule.

 Find us on Facebook



**HOSPICE**  
Cleveland County  peace.  
Serving Cleveland, Gaston, and Lincoln Counties

## *Our Mission Statement:*

*Hospice Cleveland County exists to provide high quality skilled compassionate care and support for individuals with a life-limiting illness, their families, and the community, regardless of their ability to pay.*

951 Wendover Heights Drive • Shelby, NC 28150 • 704-487-4677 • [www.hospicecares.cc](http://www.hospicecares.cc)